



Tallawong Park Little Athletics

Centre Best Records Achieved At Zone

Congratulations to the following athletes who set centre best records at the recent zone carnival,

J Rotunno	21.82m in Discus (19 year record)
J Ferguson	9.12m in Shot Put (18 year record)
J Ferguson	20.06m in Javelin
J Papadimatos	26.3 in 200m (30 year record)
D Carrick	12.39.4 in 3km
T Clampett	33.5 in 200H
C Tran	16.0 in 80m H
C Tran	33.2 in 200mH
O Rotunno	24.51m in Discus
B Carrick	12.55.2 in 3km
R Zhang	59.0 in 400m
	5.24m in Long Jump
	26.30m in Javelin

All the best to all athletes who have qualified for the upcoming region carnival

Issue 4/6

February 2014

Dates for your Diary:

- Region Dates 14, 15, 16 of February 2014. First call 8:15am for 8:30am start
- Last Competition night 21st February 2014
- Championship Day 23rd February 2014
- Back up Date 9th March 2014
- Presentation night 3rd May 2014



Championship Day

Sunday 23rd February—first call 8:15am

Entries Close Friday 7th February

Entry forms will be available from Kane Findlay.

For those who are new to the club, Championship Day is where the kids aged U/6 - U/12s can compete in up to 4 events and U13s - U17s up to 6 events of the child's choice. A small fee is payable.

Medals are awarded to 1st, 2nd and 3rd place in each event.

It is a good fun day, so hope to see as many athletes possible.

BBQ will be running for breakfast in the morning.



Presentation Night and AGM

Will be held on Saturday 3rd May 2014 at Blacktown Bowling Club from 6:00-11:00pm.

If you are interested in joining the committee, nominations forms will be included in your invitation. You are welcome to nominate yourself or talk to the Secretary, Karen, about positions available.

Invitations will be available from the canteen on Wednesday 12th, Friday 21st or Sunday 23rd February 2014.

Trophies will be presented on the night followed by a disco.

Dress code Casual no thongs.



UNIFORMS

ALL ATHLETES ARE REQUIRED TO BE IN CENTRE UNIFORM

Singlet's \$30.00
Crop Tops \$30.00
Shorts \$28.00
Bike Pants \$28.00
Hats \$12.00
Club Jackets \$70.00
Scrunches \$5.00

Uniforms are an inaugural part of Little Athletics. All children must be in full uniform and this includes displaying all numbers and logos in there appropriate positions.

Full centre uniforms are to be worn at all times on Friday nights and outside centre competitions.

If you require purchasing uniforms, please see Norma in the committee room beside the canteen.

Important Dates for February

Change of Dates for Friday Night Competition

Region Championships in February we are required to change our Friday night competition to Wednesday's.

The following dates to remember are:

Wednesday 12th February instead of Friday 14th February 2014 (Regional).

New Smoking Laws

As of 7 January 2013, changes by the NSW Government to legislation on smoke-free outdoor areas came into effect across NSW.

These changes are a key strategy in reducing community exposure to second-hand smoke, tobacco-related harm and the uptake of smoking.

The smoke-free areas were chosen as they are public outdoor places popular with children and families, or which can be crowded, or at which there is limited opportunity to avoid second-hand smoke.

Smoking is now banned in the following outdoor places:

- **With in 10 metres of children's play equipment in outdoor public spaces;**
 - **Spectator areas at sports grounds or other recreational areas;**
 - Swimming pool complexes;
 - Railway platforms, light rail stops, light rail stations, bus stops, taxi ranks and ferry wharves;
 - with in four metres of a pedestrian access point to a public building.
- A penalty notice (Penalty: \$110.00) upon any person who fails to comply with the terms of any such notice.
-

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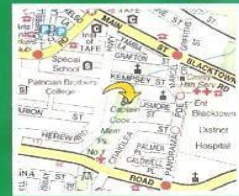
15 Lismore St,
Blacktown City Bowling Club
(near Blacktown Hospital)

Ph 9622 1589
Mob 0403 903 772

Wed to Sun Lunch
12:00pm - 2:00pm

Dinner Wed, Thurs, Sun
5:30pm to 8pm

Fri, Sat 5:30 to 9pm



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Blacktown City Bowling Club,
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